# Ayurveda and modern medicine in integrative medicine setting: the need for a molecular conversation

Expert Meeting on "Benefits and Barriers of Yoga Research"



Reactive -target symptoms
Treat molecular imbalances - organ specific
Specific molecules

### MODERN MEDICINE

Proactive – targets doshic imbalances Aims at reversal - system's perspective, Poly-pharmacology Holistic & individualized, based on Prakriti

**AYURVEDA** 

YOGA

Non pharmacological, Diversity Adjuvant therapy

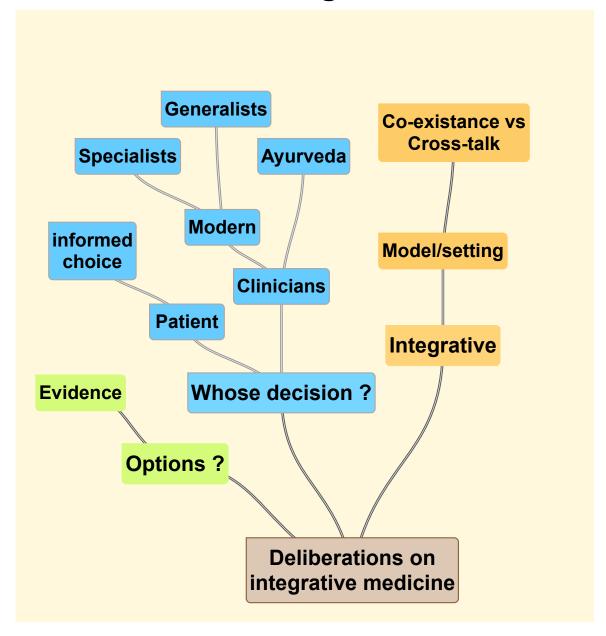
Ayurveda & Yoga

Integrative

Modern Medicine

Interoperable, complementary, synergistic, personalized options

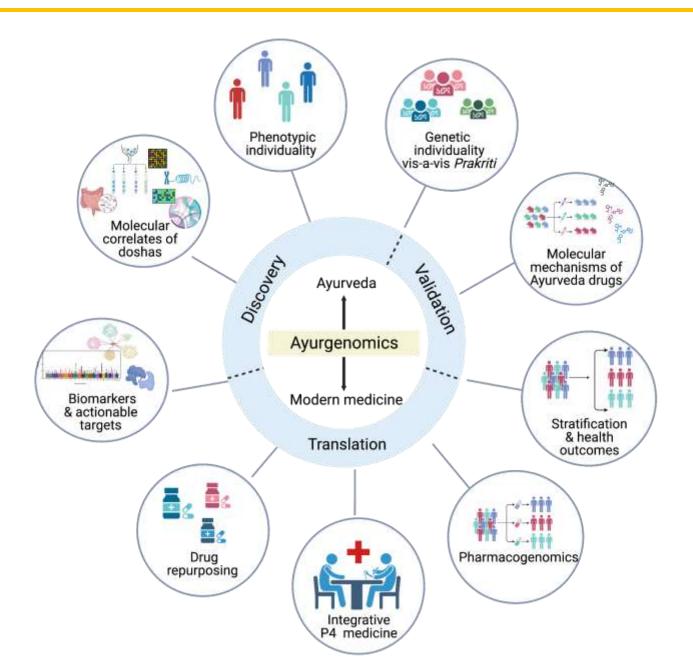
# Move towards Integrative medicine



## Challenges

- Interoperability
- Objectivity
- Markers for assessment of outcomes in integration

# Apurgenomics framework for integrative medicine





Ayurgenomics: A New Way of Threading Molecular Variability for Stratified Medicine

Tav Pritesh Sethi, Bhavana Prasher, " and Mitali Mukerji".

ACS Chem. Biol. 2011, 6, 875-880

Ayurgenomics-based frameworks in precision and integrative medicine: Translational opportunities

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Cambridge Prisms: Precision Medicine, 1, e29, 1–14

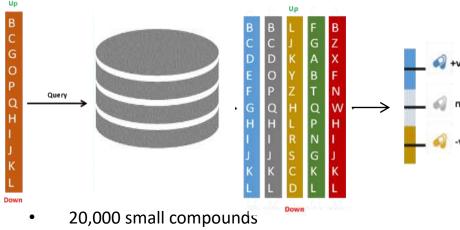
# Connectivity Map platform . Understanding response outcomes of treatments & mechanisms

#### **Transcriptomic signatures**

**Drug treated cell** lines **Patient samples** 

> Affvmetrix<sup>©</sup> HTA 2.0 & RNA sea

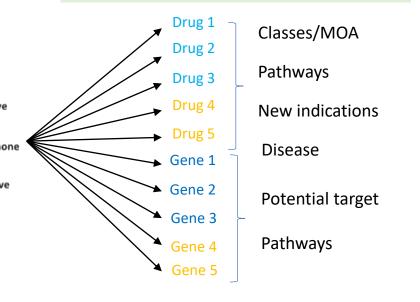
### Perturbagens, Gene knockdowns/overexpression signatures



- 1.3 Million instances
- L1000 platform, integrative

Clue.io, Cell Sys., 2017; LINCS Cloud, NAR, 2014; CMAP, Science, 2007

#### **Connectivity mapping**



Drugs with positive connectivity score imply similar molecular signature

#### Traditional use of Cissampelos pareira L. for hormone disorder and fever provides molecular links of ESRI modulation to viral inhibition

Madiha Haider, Dhwani Dholakia, Aleksha Panwar, Parth Garg, Vivek Anand, Atish Gheware, Khushboo Singhal, Dayanidhi Singh, Shaunak A Burse, M. Ghalib Enayathullah, Yash Parekh, Sushma Ram, Surekha Kumari, Anmol Kumar, Arjun Ray, 💿 Guruprasad R. Medigeshi, Kiran Kumar Bokara, Upendra Sharma, Bhavana Prasher,

doi: https://doi.org/10.1101/2021.02.17.431579

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BMC Complementary Medicine and Therapies

**Open Access** 

Anti-SARS-CoV-2 potential of Cissampelos pareira L. identified by connectivity map-based analysis and in vitro studies

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Signatures of medications in meditation: A Connectivity map analysis of transcriptomes from an inner engineering retreat

Aditi Joshi" , Deep Patel", and Mitali Mukerji"

# Roadmap for developing the regulatory framework for Integrative medicine. Considerations

- Strategies for collaborative research between Ayurveda and modern medicine
- Capacity building for transdisciplinary research.
- Molecular signatures to assess potential synergies between modern medicine and Ayurveda in enhancing patient care
- Development of digital biomarkers for assessing patient outcomes & individualized/stratified treatments
- Research and technology needs for bridging the knowledge gap
- Framework for design of clinical trials in integrative medicine settings
- Regulatory frameworks for integrative medicine
- Ethical practices, patient safety and treatment efficacy