



THE INTERNATIONAL ASSOCIATION OF
YOGA THERAPISTS

Gratitude from the staff, board, volunteers, and
community of IAYT for hosting us!



#yogatherapy #ciayt #yogatherapist

Accreditation/Certification of Yoga Therapy: IAYT's Perspective

*Molly McManus, C-IAYT
President, Board of Directors,
International Association of Yoga Therapists*

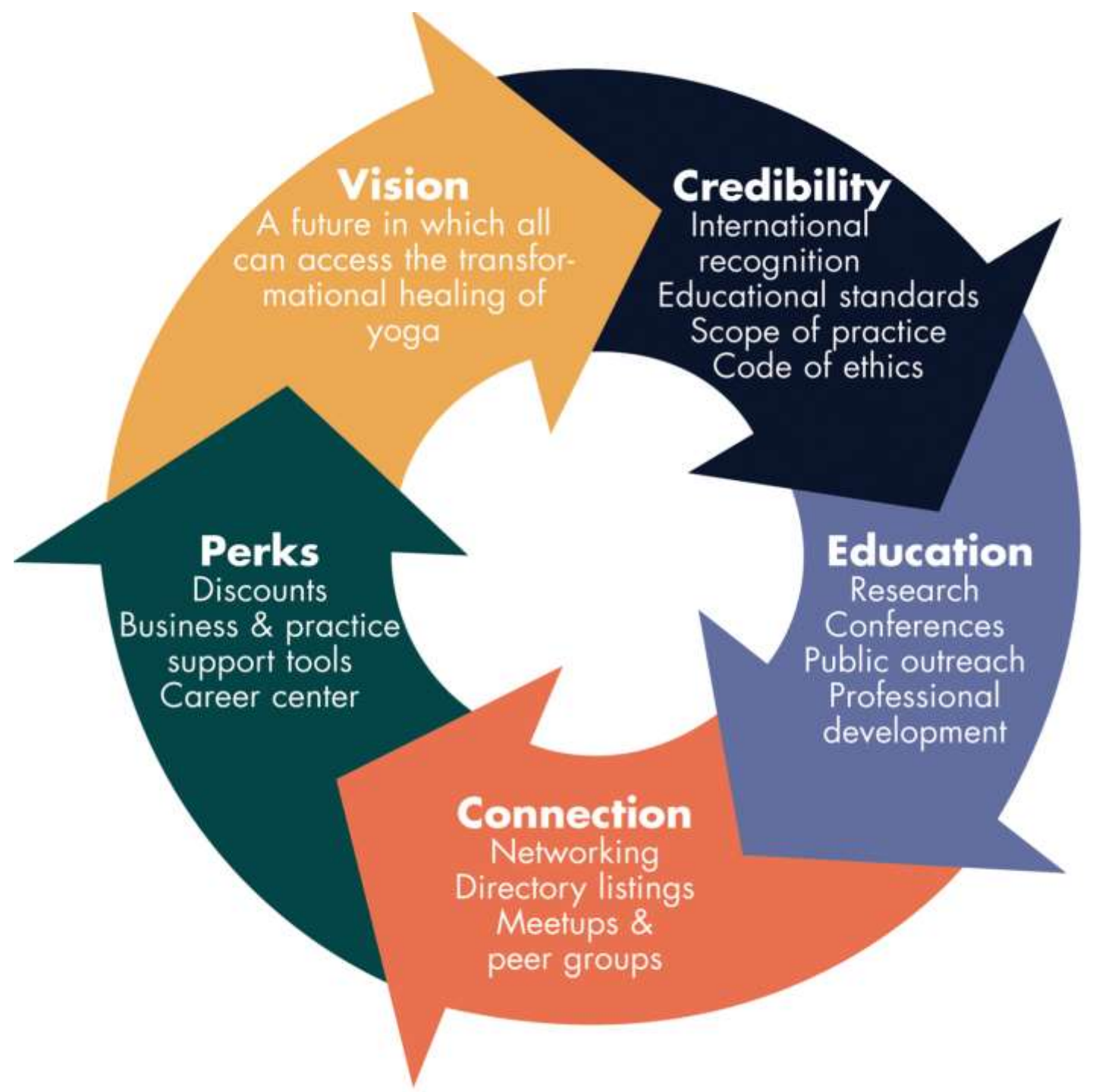


THE INTERNATIONAL ASSOCIATION OF
YOGA THERAPISTS



Mission: *to advance yoga therapy as a recognized health profession*

Vision: *In the world envisioned by IAYT, yoga is routinely considered in settings around the world as a therapeutic option for physical health, emotional well-being, mental balance, and spiritual consciousness*



IAYT's Worldwide Membership

- 5,300+ yoga and qualified healthcare professionals
- 170 member schools worldwide
- 70 IAYT-accredited yoga therapy training programs

from a range of lineages and backgrounds



Our professional association carries out its mission through

- **Accreditation** of yoga therapy training programs ✨
- **Certification** of individual yoga therapists (C-IAYTs) ✨
- **Standards** that ensure professional competence
- Policies including a **Scope of Practice** and a **Code of Ethics**
- **Publications** including the *International Journal of Yoga Therapy* and *Yoga Therapy Today* magazine
- **Conferences** such as the Symposium on Yoga Therapy and Research and the academic Symposium on Yoga Research
- **Community support** with our Diversity, Equity, Inclusion, and Accessibility (DEIA) and Member Schools committee work
- **Awareness** for the public and healthcare practitioners seeking qualified yoga therapists to refer to or work with through yogatherapy.health website and socials





What is accreditation?

What is accreditation at IAYT?



Purpose of Programmatic Accreditation?

- Primary means of ensuring quality control and promoting continuous improvement
- Met or exceeded established standards of quality and safety
- Consistent benchmark against which yoga therapy training programs can be evaluated
- Opportunity for *svādhyāya*



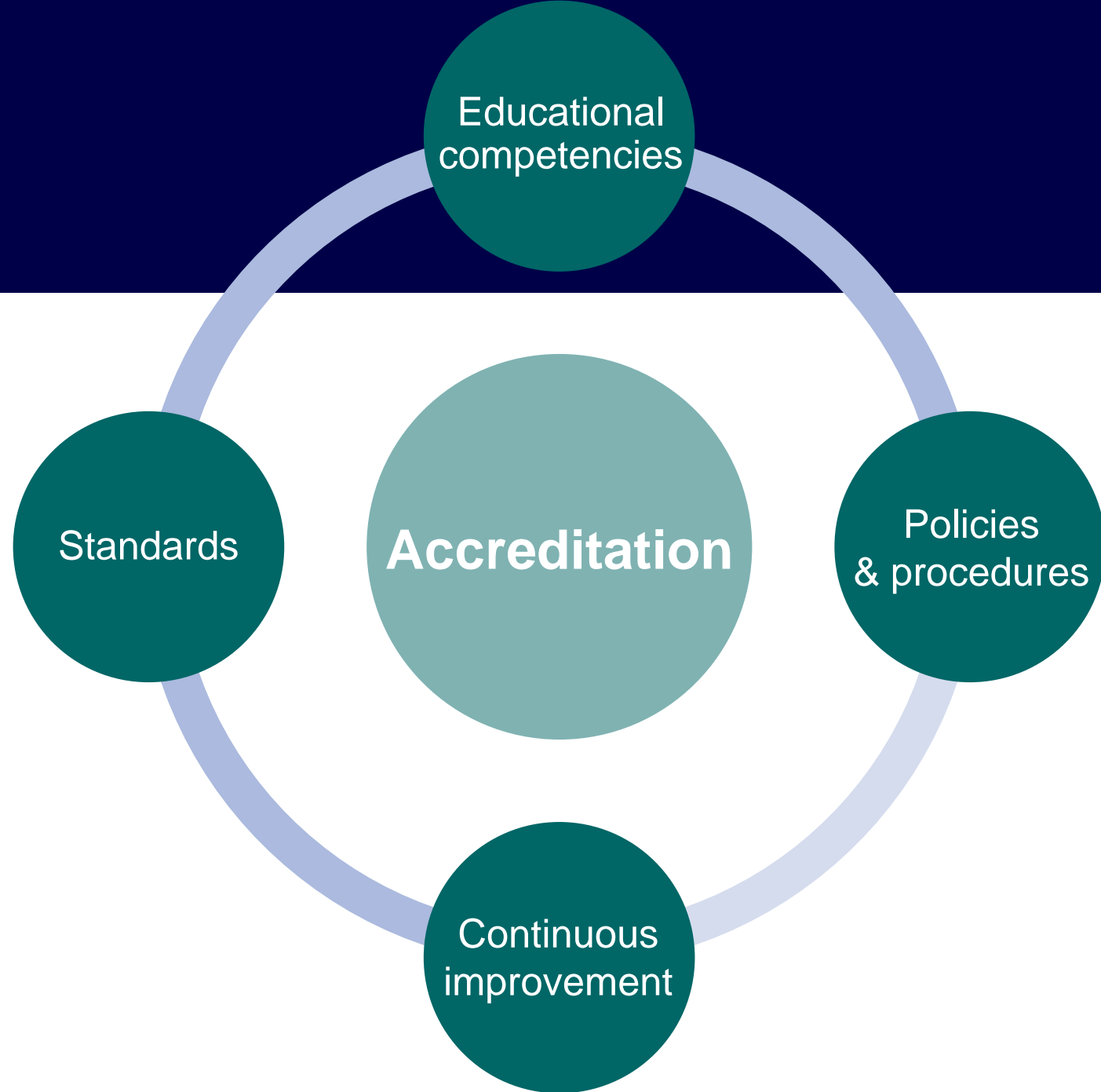


*IAYT provides accreditation
services to programs that
meet the IAYT Educational
Standards for the Training
of Yoga Therapists*

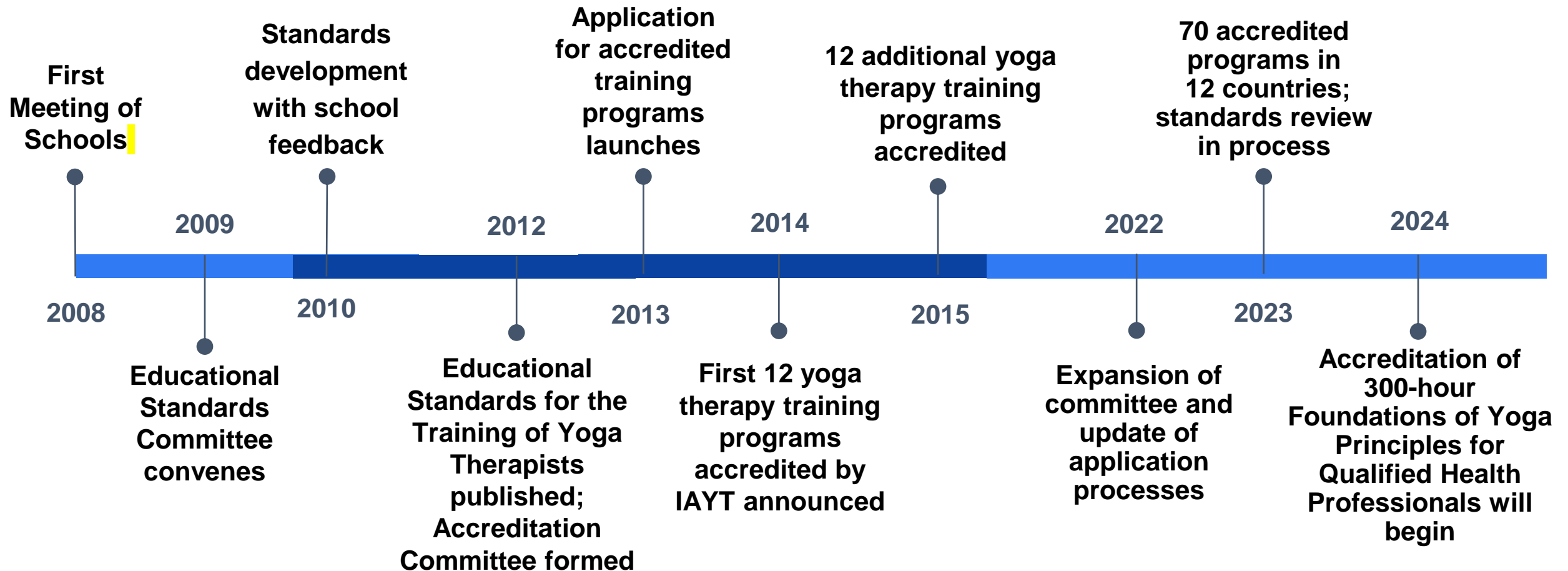
standards

IAYT Structure & Function

Accreditation of
yoga therapy education,
which is dedicated to
expanding the education to
accommodate the growth of
the practice scope



IAYT Accreditation Milestones



SWOT Analysis of Accreditation for the Emerging Profession

<p>STRENGTHS</p> <p>Credibility and recognition Quality assurance Marketability Professional development</p>	<p>WEAKNESSES</p> <p>Resource-intensive Resistance to change</p>
<p>OPPORTUNITIES</p> <p>Standardization Networking and collaboration Global recognition</p>	<p>THREATS</p> <p>Potential for exclusivity Regulatory challenges Public perception</p>

Next Steps & Why

Council for Higher Education Accreditation (CHEA)—
“Third party recognition of
programmatic accreditors”

- Public perception
- Employer recognition
- Federal recognition
- International recognition
- Professional associations and credentialing boards





What is certification?

What is certification at IAYT?



Purpose of Individual Certification?



- Recognition of yoga therapists who meet or exceed an established set of standards
- Quality-control mechanism whereby a public stamp of approval is given to highly trained yoga therapists through a credible, objective, peer-review process



IAYT Certification Milestones

Certification initiated; grandparenting (2016–2017) and accredited program graduates

2016

2019

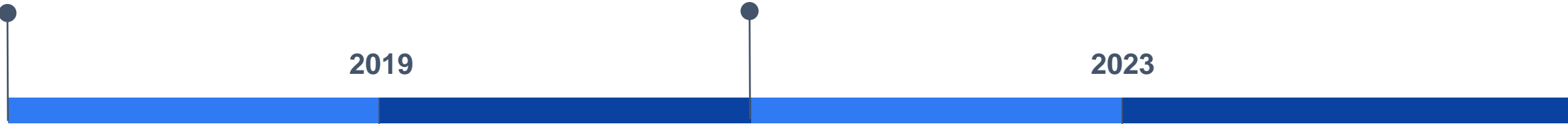
Approved Professional Development established; recertification initiated

Portfolio Review & Evaluation established

2020

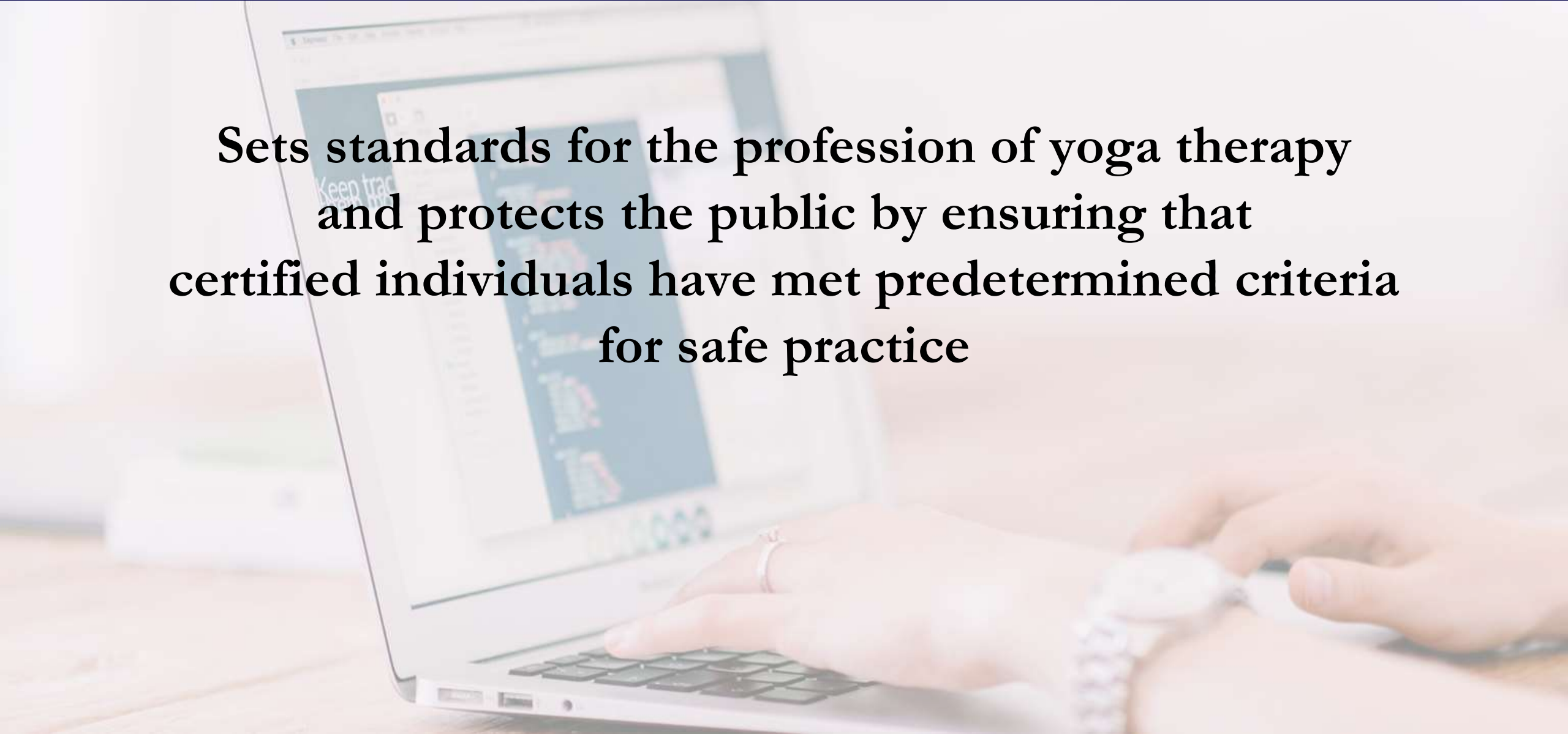
2023

Certification Exam implemented

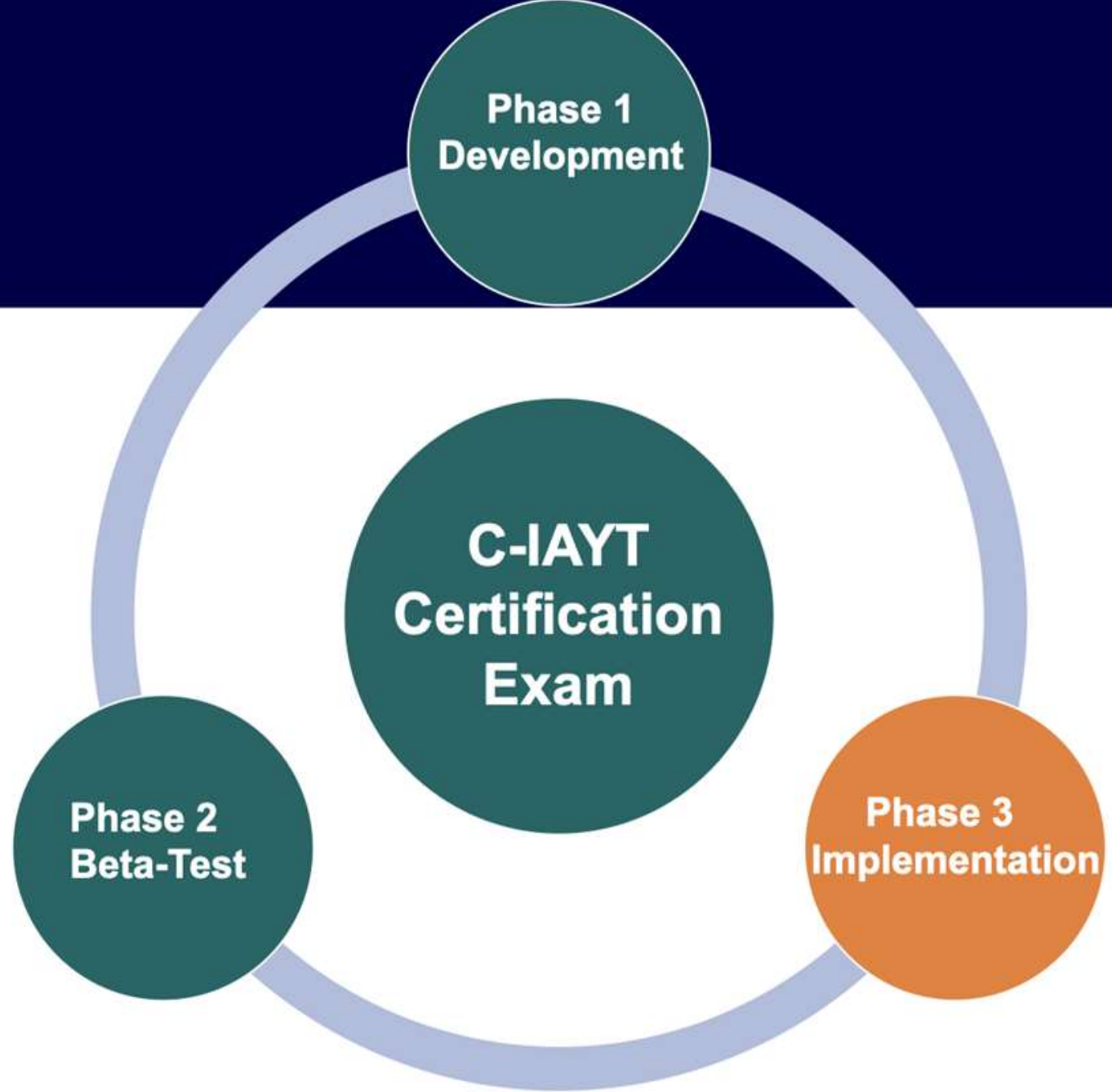


IAYT Certification Exam

**Sets standards for the profession of yoga therapy
and protects the public by ensuring that
certified individuals have met predetermined criteria
for safe practice**



Exam Phases



IAYT Certification (C-IAYT)

Complete an IAYT-accredited yoga therapy training program

Qualify for Portfolio Review & Evaluation (PR&E) as an experienced yoga therapist

Minimum of 800 hours over 2 years

Apply for C-IAYT

- ✓ IAYT membership
- ✓ Application
- ✓ Pass IAYT Certification Exam
- ✓ Pass Ethics and Scope of Practice Quizzes
- ✓ Provide required evidence of completion based on pathway

Remember: Annual membership is separate from C-IAYT certification

Apply for C-IAYT Recertification Every 3 Years

- ✓ IAYT membership
- ✓ Application
- ✓ 24 continuing education hours
- ✓ Pass Ethics and Scope of Practice Quizzes

Why Join IAYT?

Support the Profession of Yoga Therapy

Individuals • Studios • Schools • Organizations

www.iayt.org

info@iayt.org

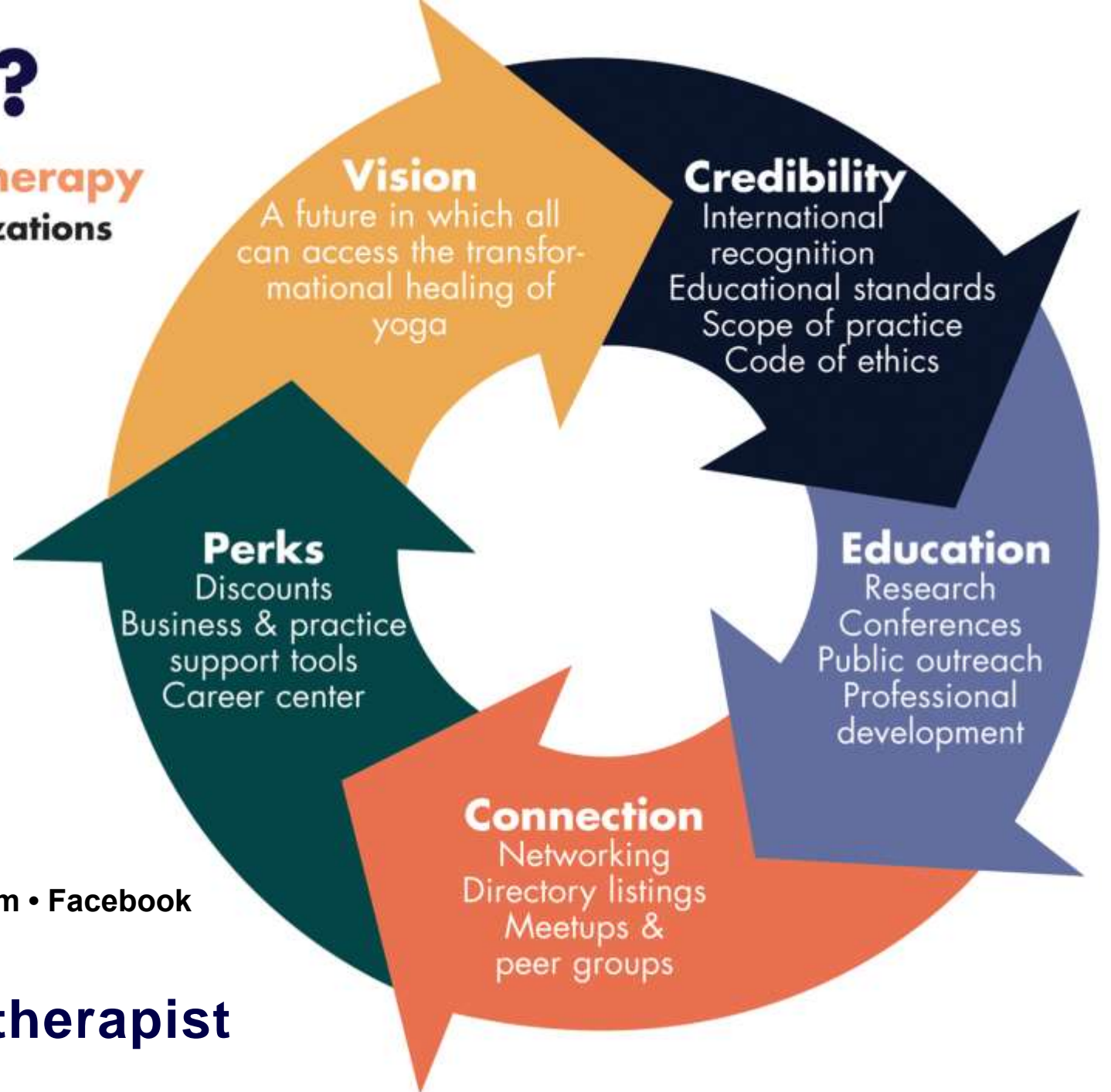


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