Barriers to Implementation of Whole Health Models

Alyssa Wostrel, MBA
Executive Director, International Association of Yoga Therapists



Challenges to Integration of Whole Health Models

- Regulatory constraints
- Limited third-party insurance coverage
- Variable state-level policies
- Accessibility to care for all has not been highly valued
- Whole health will require a new coordinated, holistic approach to improving the health of U.S. citizens

