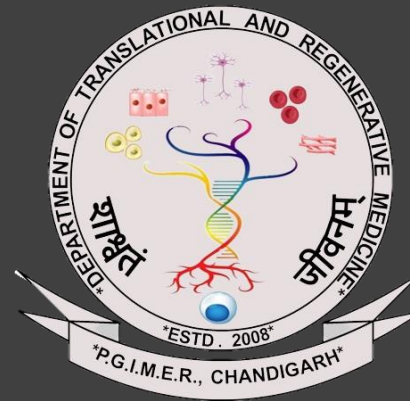




Yoga Communication

Aruna Rakha

Department of Translational and Regenerative Medicine
PGIMER, Chandigarh.



Education Back in Time!!!



Education Now!!!



Proof of Principle

Evidence-Based Practice:
An Alternative to
Authority-Based Practice*

by Eileen Gambrill



Publications



Yoga/Integrative Medicine

- Supplementing Modern Medicine
- Molecular Basis of effects
- Ethics
- Personalized
- Placebo

Barriers

- Acceptance
- Uniformity in the procedures
- Lack of Awareness
- Case studies presentation
- Communication
- Hurry of publication



ISSN : 2582-6255

We Welcome Latest Case Reports in The Field of Science

The Journal is a free-access, multi-disciplinary publication of the Swami Paramhansa Samsthana, that aims to cover new advances in the Integrated system of medicine. We provide a platform for the publication of scientific manuscripts that entails a holistic approach towards health by working at the interface between conventional medical methods, Integrative medicine and research protocols. We accept submission of manuscripts as research articles, case reports and reviews. It also includes editorials on Policy which may include intellectual property, technology commercialization on interdisciplinary fields of research.



Greetings & Welcome A Brief Introduction

Integrative Medicine Case Reports an open access, single-blind peer-reviewed journal. This journal provides immediate open access to its content on the principle that making research freely available to the public supports a greater global exchange of knowledge.

[Read More](#)

Our Editors

Akshay Anand
Editor-in-Chief
anand.akshay@pgimer.edu.in

<https://jimcr.com/>



Mr. Rakesh Mittal
Patron



Aruna Rakha Arora
Managing Editor
arunarakha7@gmail.com



Sat Bir Singh Khalsa
Senior Editor
khalsa@hms.harvard.edu



- Peer-reviewed
- Open access
- No APC
- DOAJ indexed

Dearth of journals that publish IM research hence PGI provides the platform

How to publish: Visit JIMCR website for the proceedings but in general the structure is as follows:

- Abstract
- Introduction
- Case presentation
- Discussion/Conclusion

Incentives: awareness & scientific justification of integrative approaches, career advancement, outreach, economic advantage in advancing affordable health in scientific manner, no APC, decision within 2 weeks, students can submit JC which gives an early break, those willing to go abroad helps, process of peer review, international editorial board.



Why Publish

- Disseminate research findings to advance the existing knowledge and improve the overall human health.
- Ethical mandate to make results available to all
- Maintain public trust in research transparent manner.
- Enhance visibility of research
- Boost funding for expansion of the field.

